

Expand Your Sunday, Expand Your Life

Adventures in Growing, Sharing, Learning, Connecting for Adults and Teens

“... fresh ...”

“... innovative ...”

“... provocative ...”

“... edgy ...”

“... made me think ...”

“... helped me grow ...”

This is what people at Grace said about **NOOMA**.

NOOMA—like the Greek word *pneuma*, meaning spirit—is a video series featuring Rob Bell, one of today’s most creative and impact-full communicators on the intersection of Christian spirituality and everyday life. In February, we’ll view four new episodes and discuss them together. Don’t miss a great opportunity to grow!



February 7 ... “Rhythm”

We talk a lot about a relationship with God. But what does that really mean?

February 14 ... “Matthew”

How can faith help me deal with grief and loss?

February 21 ... “Rich”

How can we live a truly blessed life?

February 28 ... “Breathe”

How can understanding the way God made us lead us to a fuller experience of God?

Sundays, 9:30– 10:15 A.M.

The Palmer Room

Coffee & treats provided—All welcome!

What about my kids?

- Nursery care is available for children, 3 months—3 years.
- Children’s choirs (age 4—grade 5) rehearse Sundays at 9:15 a.m.
- There is a Bible study for middle schoolers on Sundays at 9:15 in the Student Lounge.
- Senior highs are invited to attend “Expand Your Sunday, Expand Your Life.”